

DEVELOPMENT & SEL

Denham, S. A. (2018)

Preschool:

- "Begin peer interaction while managing emotional arousal
- Initiate prosocial behaviors and interactions, along with friendships
- Stay connected with adults
- Understand basic emotional expressions, situations, and experiences - and ways to manage them (often with adult assistance), along with early efforts to solve interpersonal problems
- Begin to follow social rules, like taking turns" (p. 2).

Elementary:

- "Form dyadic friendships and stable peer reputations
- Control aggressive impulses
- Demonstrate emotional regulation within the peer group, showing emotions in appropriate contexts
- Resolve more complex social difficulties with a flexible variety of solutions" (p. 2).

Middle School:

- "Build upon earlier understanding of others to comprehend more complex emotional situations in self and others
- Form a largely group-based identity with increasing independence from adults
- Become able to resolve conflicts within dyadic and group situations" (p. 2).

High School:

- "Achieve more mature relationships with others and emotional independence from parents and other adults (while maintaining these relationships)
- Understand unique emotional perspectives
- Form an individuated personal identity (first group-based, then individual)
- Acquire an articulated set of values and an ethical system to guide behavior" (p. 2).