

Decision-Making Matrix

Completed Example

Decision-Making Possible Choices	Positive Outcome(s) (Pros) Add 1 point for each pro		Negative Outcome(s) (Cons) Minus 1 for each con		Total Scores
1. <u>Participate in teasing and bullying a peer</u>	To self	0	To self	-1	<u>-4</u>
	To others	0	To others	-3	
2. <u>Become an ally by showing empathy</u>	To self	2	To self	0	<u>5</u>
	To others	3	To others	0	
The Responsible Decision-Making Matrix can be used to make healthy decisions between 1-3 choices. The decision with the highest score can be deemed the most responsible one.					